

2. What is homeopathy?

The year 1790 marks the beginning of a healing method which is unique up to now. The brilliant physician and chemist, Dr. Samuel Hahnemann discovered in a famous experiment, in the cinchona experiment, one of the most important principles of homeopathy. In the first years of the new form of therapy he improved the principle into the science of homeopathy, which is still without any change effective for today's homeopaths, and enables them to heal and help many ill people.

Today, about 200 years later homeopathy has not suffered the loss of importance, it is more relevant than ever, as it is proved by its worldwide spreading and the rising number of people, who look for a cure by homeopaths.

What is actually homeopathy, which is so appreciated by numerous patients? What is the basis and principle of the homeopathic method? Which are the possibilities to cure or ease acute and chronic illnesses? You will find the answer for these questions in the next passage.



Homeopathy is a pharmaceutical treatment, where through the individually selected medicine, the self-healing powers of the ill organism are activated in a directed way. An essential characteristic of homeopathy is that the medicines are not given according to the names of illnesses or the diagnoses. Single symptoms are also not tried to remediate by oppositional materials, such as pains by painkillers or fever by antipyretics. The homeopath tries to find a medicine which causes - when given to healthy people- similar symptoms. This animates the organism to protect stronger and more effective against the illness. This law of similars is the principle of the homeopathic treatment. (Hahnemann: "Choose to heal gently, quickly, certainly and permanently, in every case of disease a drug which can cause a similar disease (*homoion pathos*) as it should cure".)

We attain knowledge about a drug in homeopathy through drug studies on healthy people. We can attain information about illnesses through observation and asking the patient. So we only need to find the drug which is the most similar to the patient's symptoms and to apply it in the adequate form to initiate the healing.

A further step in the development of homeopathy made Hahnemann as he tried to keep the poisonous effects of the partly highly poisonous drugs for the attestors and patients as low as possible, without losing the healing power of the substance. He discovered that through gradually dilution and succussion, the so called potentiating, the healing power of the drugs could be raised to the highest level and at the same time the poisonous effects were eliminated. That the effect of the homoeopathic drugs go far over the area of bodily symptoms can be checked easily by anyone, through taking potentiated medicines for a test. In this way medicine tests can show besides bodily symptoms also changes of the feelings and the mental state.