

#### **4. The treatment of acute illnesses**

Every illness has its individual reason and severity. A lumbago for example has in all single cases different triggers and different forms of symptoms. Even the characters of pain can vary from case to case. A pain can be dull or sharp, can be pricking or a kind of pressure and can be eased or strengthened by different circumstances. In one case, warmth can do good in another the application of cold compresses can help, etc. To find these differences and to create an individual picture of the illness is the task of the homeopath and happens by the first interview, the anamnesis. In the second step he looks for the best matching (i. e. the most similar) medicine, and prescribes it in an appropriate potency and dosage. Acute illnesses are e. g. coughs and sneezes, apoplexy, injuries, temporary gastro-intestinal disorders, but also emotional problems, such as the loss of a beloved person.